

Inchgarth community centre



**WE ARE HERE TO
HELP DURING
COVID-19**

**INFORMATION BOOKLET ON
HOW INCHGARTH IS ABLE TO
HELP YOU DURING THE
COVID-19 CRISIS**

**A centre of excellence. For the
community, by the community.
WWW.INCHGARTH.ORG**





An update on how we are helping not only Garthdee residents, but much of Aberdeen South during covid-19

The staff and management team of Inchgarth realise how tough things are for many people during the covid-19 pandemic. Mentally, socially, and financially, things are difficult, but we want you to know that we are here to help.

Thanks to funding from SCVO, the National Lottery and the Scottish government, we are able to assist those most in need through a quick and simple process.

- We will request your name, address and some additional family information.
- We will request proof of residency.
- We will discuss your individual needs.
- We will give you a quick decision.

This will be a **confidential support service**, so please do not be worried to ask for our help.

SUPPORT



We can organise volunteers to do your grocery shopping if you are shielding or vulnerable. For people with financial struggles, we can support you with a free parcel.



Do you need some toiletries but struggling to buy them as the bills pile up?



We can support you with sanitary products.



We have a small budget to support families or individuals with clothing, who are struggling financially.

SUPPORT



Do you need any help with obtaining pet food? For people struggling financially we can help you out.



Nappies can be expensive and we have a small budget to support those most in need to gain a little help.



During the lock down it's hard to keep the children entertained, and we realise some people have struggled to buy pens, paper, crafts. For those most in need we may be able to help



Our FOODBANK is open every Wednesday at Inchgarth from 2.30pm-4pm. This is not a delivery service, you must attend to collect a parcel.

SUPPORT



As we spend more time at home and use more **GAS**, the bills are increasing. We can support those most in need with a little top up.



Similarly with the gas, we have a small budget to support people with the **ELECTRICITY COSTS**. It shouldn't be a choice of food or heating the home.



We don't have a white goods budget just now, but we can make online appeals for items you may need.



We are in a position to help you with **CLEANING MATERIALS** for your home.



One of our lovely volunteers can call you for a **SOCIAL CHAT** on the phone, at no cost to yourself.

SUPPORT US TO HELP OTHERS



Inchgarth wants to continue this support project for as long as we can, but this depends on obtaining successful funding applications, and equally as important, gaining donations of cash or food.

HOW CAN YOU HELP US TO HELP OTHERS?

- Donate to our online gofundme campaign by visiting our site at www.inchgarth.org
- Or drop off food donations at the centre.

HOW TO APPLY

The process of applying for support is simple, all you need to do is call us on the number below or email us.

- **We will obtain your contact details and address.**
- **Discuss your needs and circumstances.**
- **Request proof of residency by email or text.**
- **Make a quick decision on your application.**
- **First time applicants may be given priority.**
- **Your enquiry will be in the strictest of confidence.**

COMMUNITIES WE SUPPORT.

Garthdee, Torry, Kincorth, Altens, Cove, Ferryhill, Broomhill, Airyhall, Ferryhill, Riverside, Mannofield.

Please **BE PATIENT** with us during the process and the centre's decision on all applications is final

Call us on 07546 336 995 or 01224 325191
You can text and we will call you to save money.

E-mail

inchgarthcc1@btinternet.com

WWW.INCHGARTH.ORG

VISIT OUR WEBSITE FOR
A FULL LIST OF
SUPPORT SERVICES FOR
COVID-19 AND TO VIEW
OUR 170 SESSIONS OF
ACTIVITY.

